

Minutes of the meeting of the Low Fell Running Club Committee
@ Gateshead Fell Cricket Club on Tuesday 30th July 2019 at 6.15pm

Committee member	Initial	Attended	Apology
Alan Elders (Chair)	AE	x	
Richard Conder	RC	x	
Vicki Halse (Treasurer)	VH	x	
Neil Kavanagh	NK		x
Clare Magrath (Secretary)	CM	x	
Neil Morris	NM	x	
Garry Patterson	GP	x	
Keith Pearson	KP	x	
Roger Sillito	RS		x
Mike Stacey	MS	x	
Carl Watson	CW	x	

New actions from this meeting:

<u>Reference</u>	<u>Action</u>	<u>Owner</u>	<u>Due Date</u>
Run Leaders	AE to email club informing them about group 2 and asking people to come forward if they would like to be a run leader.	AE	August 2019
Second Claim Athlete	AE to edit the constitution to add in the second claim policy statement	AE	August 2019

Physiotherapist	CM to email physiotherapist to ask for any updates	CM	August 2019
Facebook group research	CM to email contacts from running community to gather their opinion on a closed facebook group.	CM	August 2019
Watergate 5k	CM to find paper bags to be ordered for the supper packages at the end CM to make a google form for members to enter the Watergate 5k race	CM	August 2019
Watergate Yacht Race form	CM to make a google form for members to put their times down for the Watergate Yacht race	CM	August 2019

Items are minuted in the order in which they were discussed.

	Actions and Minutes	Owner
	Last months minutes were agreed and passed by the chairman. The committee discussed the actions from the last meeting. AE agreed to send out email to the club asking for members who would like to be run leaders along with the possibility of someone running a Monday evening session. AE to choose some starting blocks for the juniors and some high jump rope. CM updated the committee on the physiotherapist to ask about any developments in the partnership.	CM AE
1.	Angel View Race Report <ul style="list-style-type: none"> AE reported that Junior Race went well, senior course was considered too complicated - the club will look at running 2 large laps next year and almost reverting back to the 'old angel run course.' Car parking went well. CW informed the committee that the race was well 	ALL

	<p>received in the running community. CM reported the big maps were great. MS discussed how the 'underpass part of the course' was quite complicated to manage and there were runners going in lots of different directions, at once. The committee agreed that the finish was very good and the course was more spectator friendly.</p>	
2	<p>Second Claim Athlete Policy</p> <ul style="list-style-type: none"> • CM presented the new policy and reasons for this policy. Committee read and agreed it was the best way forward. The committee discussed the pros and cons of having second claim athletes at the club. AE will update the constitution with the changes, this will then be filed. CM will email 2nd claim athletes to discuss their membership. 	<p>AE CM</p>
3	<p>Private Facebook Group for members</p> <ul style="list-style-type: none"> • CM presented the idea of creating a new group for LFRC members which is closed and is only open to members of the club, who have paid their subs. The committee discussed the pros and cons of this and will come to the next meeting with further feedback. CM will email a contact and ask for information about their recent change on facebook. 	<p>CM</p>
4	<p>Watergate Race</p> <ul style="list-style-type: none"> • AE redoing event plan, CM to email AE map of marshal points to put on the event plan. Instead of a buffet this year, finishers will receive a 'supper.' CM will research paper bags and ask VH to order them. Prizes and first aid has been ordered and marshals have begun to volunteer. 	<p>AE</p>
5	<p>Run Leaders</p> <ul style="list-style-type: none"> • Committee discussed the problems with Thursday evening runs. • CW, NM will begin managing group 2 and group 3. They will reply to Richard and Danny's email to confirm their availability for the evening session. 	<p>CM AE</p>

	<ul style="list-style-type: none"> Danny/Richard will confirm someone will be able to regroup with groups 2 or 3 before the group leave the club house on a Thursday evening. 	
6	<p>Watergate Handicap race</p> <ul style="list-style-type: none"> CM will make google form, asking for people to name their best 5k time with verification of place and race. CM/RC will verify these as they come in on the form. 	MS
	<p>Any other business:</p> <ul style="list-style-type: none"> Christmas Party has been booked for Saturday 21st December at Porky's Restaurant. Physiotherapist developments - updated at beginning of meeting. NEHL - new course will be a Lambton Estate. LFRC have been asked to work with other running clubs and provide some marshals for the event. GP informed the committee that Birtley AC have asked LFRC youth team to join with them to make a team for the youth development league. Committee agreed that this is a good idea. CM will make a Google Form for members to enter Watergate 5k. Next meeting Tuesday 20th August 2019 - 6.15pm <p><u>No further business was raised and the meeting was closed.</u></p> <p>Items proposed for future discussion since meeting:</p>	