

Minutes of the meeting of the Low Fell Running Club Committee
@ Gateshead Fell Cricket Club on Tuesday 28th May 2019 at 6.15pm

Committee member	Initial	Attended	Apology
Alan Elders (Chair)	AE	x	
Richard Conder	RC		x
Vicki Halse (Treasurer)	VH	x	
Neil Kavanagh	NK	x	
Clare Magrath (Secretary)	CM	x	
Neil Morris	NM	x	
Garry Patterson	GP	x	
Keith Pearson	KP	x	
Roger Sillito	RS		x
Mike Stacey	MS	x	
Carl Watson	CW		x

New actions from this meeting:

<u>Reference</u>	<u>Action</u>	<u>Owner</u>	<u>Due Date</u>
Monday night mens beginners group	CM to inform BN about plans for group. CM to advertise the position of coach/leader to members.	CM	June 2019
Physiotherapist sessions	CM to email 'The Performance Clinic' with the committees queries.	CM	June 2019

Track and field involvement	VH to order starting blocks for the junior athletes.	VH	June 2019
Angel Race	AE to source chips and numbers for the race.	AE	June 2019
Angel Race	CM to action large map for the hotel	CM AE	June 2019
Club Records	RC to upload records document to website.	RC	June 2019

Items are minuted in the order in which they were discussed.

	Actions and Minutes	Owner
	Last months minutes were agreed and passed by the the chairman.	CM AE
1.	<p>Monday night men's group</p> <ul style="list-style-type: none"> • CM informed the committee that she had recently had a conversation with BN who said he was no longer going to run the Monday Night beginners sessions because of work commitments. CM also remarked how there had been several men who have contacted the club recently, asking about the session, she informed the committee that she has been pointing them in the direction of the regular club nights. • AE suggested that we could advertise the position to the club to see if anyone would like to take it over. The committee agreed. CM agreed to action this and will inform BN of it first. 	CM AE

<p>2</p>	<p>Physiotherapist developments:</p> <ul style="list-style-type: none"> • CM spoke to the committee about the options for the physiotherapist workshops. The committee agreed 'The Performance Clinic' would be the best option. CM read the email to the group. The committee questioned if the timings could be later and if we could use one of the buildings at the cricket club. The committee also agreed on the pricing structure for the sessions. CM agreed to take the queries back to the physiotherapist and will report back to the committee, next meeting. 	<p>CM</p>
<p>3</p>	<p>Club run:</p> <ul style="list-style-type: none"> • CM recapped the Club Run Scheme and shared the name of the coach (Martin Peevor) who the club will be working with. CM shared the first dates with the committee. CM is now waiting for those dates to be confirmed and then will inform members of the sessions. There are to be sessions held in June, July and August. 	<p>CM</p>
<p>4</p>	<p>Track involvement:</p> <ul style="list-style-type: none"> • CM recapped the 3rd part of the bid which the club acquired last year. She said the emphasis has been on the physiotherapist involvement and there has not been time to look into this part of the bid money. CM suggested moving this forward until next year. The committee agreed this. VH suggested that we can still encourage members to go along to the track and field events, along with the NEMAA leagues. AE said that he would like to purchase some starting blocks for the junior athletes and these can also be used by the seniors, at the track and field meetings. VH agreed to action this. 	<p>CM</p>
<p>5</p>	<p>Angel Race:</p> <ul style="list-style-type: none"> • VH ran through the events that are taking place on the evening. The committee discussed the different distances for the races. The committee agreed that the junior races will all be 2k, along with the fun run. • VH informed the committee that the flyers are to be printed next week, in time for the Park Run take over. 	<p>VH CM AE</p>

	<ul style="list-style-type: none"> ● VH also informed the committee that she felt there was no extra things happening this year, but, as it was well received last year, this is the right thing to do, so things are not over complicated. ● The committee agreed, that, because of the St Oswalds raffle, there should not be another raffle as they will cancel each other out. ● AE will order chips for the numbers. ● CM showed the committee the list of suggested changes from last years race, on the list is making sure a large map is available of the course, in the hotel. CM will print a map and AE will mark on the course. The club will then get it printed. ● VH suggested that it would be a good idea to get the marshals mobile numbers and set up a Whatsapp group for on the evening. The committee agreed this would be a good idea. 	
<p>6</p>	<p>Club Records:</p> <ul style="list-style-type: none"> ● CM informed the committee that RC has completed the records. The committee agreed for RC to upload them to the website and we can discuss at the next meeting, if needed. 	
	<p>Any other business:</p> <ul style="list-style-type: none"> ● AE informed the committee about The Ravensdene Lodge Hotel being closed down. VH and AE are looking into alternative venues to use as the HQ for the Watergate Race. ● Next meeting Tuesday 18th June 2019 6.15pm <p><u>No further business was raised and the meeting was closed.</u></p> <p>Items proposed for future discussion since meeting:</p>	