

**Minutes of the meeting of the Low Fell Running Club Committee**  
**(the "Committee")**  
**@ Gateshead Fell Cricket Club on Thursday 10th January 2019**

Committee member	Initial	Attended	Apology
Alan Elders (Chair)	AE	Y	
Richard Conder	RC	Y	
Vicki Halse (Treasurer)	VH	Y	
Lesley Johnson	LJ		X
Neil Kavanagh	NK	Y	
Doug Long	DL		X
Clare Magrath (Secretary)	CM	Y	
Neil Morris	NM		X
Garry Patterson	GP	Y	
Keith Pearson	KP	Y	
Roger Sillito	RS		X
Mike Stacey	MS	Y	
Carl Watson	CW		X
Stan White	SW		X
John Stephens	JS	Y	

**Actions carried forward from previous meetings:**

Reference	Action	Owner	Due Date

29/11/18 - 1	<b>Circulation of meeting minutes</b> Clare to type up meeting minutes, circulate with group - minutes were circulated to the group in December 2018	CM	01.12.18
29/11/18 - 2	<b>Track and Field team</b> John and Neil to complete some research on the local leagues and possible dates and venues. - research completed - see item 3 on agenda	JS/NM	10.01.19
29/11/18 - 3	<b>Grand Prix info</b> Send out club email telling club members information about the races, dates, scoring system etc. - draft mail completed and been sent for proof reading	CM/VH	January 2019
29/11/18 - 4	<b>Start and finish flags</b> Vicki to order club flag and start and finish flags - flags ordered	VH	January 2019
29/11/18 - 5	<b>AGM</b> Clare, Richard and Alan to meet and discuss the AGM - CM/RC?AE to organise a meeting for this	CM	January 2019
29/11/18 - 6	<b>Club Track Races</b> Discuss club track races – attendance in 2018, suggestions to improve, potential dates, licencing, inviting guests etc. - see agenda item 2	All	January 2019
29/11/18 - 7	<b>Race Planning</b> Vicki to propose a race group to begin the planning process for Angel View 2019 and reviewing learnings from 2018. - ongoing	VH	January 2019

**New actions from this meeting:**

<u>Reference</u>	<u>Action</u>	<u>Owner</u>	<u>Due Date</u>
<b>LFRC records on website</b>	RC to complete research and definitive table of records and yearly bests of the club. 2 month time period requested.	<b>RC</b>	<b>March 2019</b>
<b>Club races</b>	RC to research logistics and cost of obtaining licence for club races	<b>RC</b>	<b>February 2019</b>
<b>Track and Field Team development</b>	CM to email contact for Athletics Grand Prix to gather more information	<b>CM</b>	<b>February 2019</b>
<b>Charity fundraising</b>	RC to email contact at Aquilla House to gather more information and logistics of working with charity.	<b>RC</b>	<b>February 2019</b>
<b>Northern Athletics Affiliation</b>	VH to email and organise affiliation with Northern Athletics.	<b>VH</b>	<b>January 2019</b>

**Items are minuted in the order in which they were discussed.**

	<b>Actions and Minutes</b>	<b>Owner</b>
	Last months minutes were agreed and passed by the committee.	
<b>1.</b>	<b>LFRC records on website</b> JS discussed the need for there to be a definitive list of records and yearly best on the website as at the moment, they are split into 2 documents and were carried over from the old website in the same format. The committee agreed that yearly bests should go back to 4 or 5 years previous. RC said he	<b>JS</b>

	would complete some research and find out the records and yearly bests. AE suggested RC uses the club trophies and Power of 10 for some, more recent records. RC requested 2 months to complete this action.	
<b>2.</b>	<p><b>Club races</b></p> <p>RC noted the participation for the internal club races has been low in 2018. The committee discussed how this could have been due to the races not being on the Grand Prix any more. RC remarked that if the races were recorded officially on Run Britain and Power of 10, this make evoke more interest between members. RC spoke about Tyne Bridge Harrier arrangements with their 5k race and giving money to charity after charging £5 entry for non members. The committee discussed the different types of races which could be planned including track and road races. RC volunteered to research the cost and logistics to obtaining a licence for the clubs track races in 2019. The item will be carried forward for more discussion at the next meeting.</p>	<b>MS</b>
<b>3.</b>	<p><b>Bid plans</b></p> <p><u>Track and Field opportunities:</u> - JS shared his research about the different opportunities open to the club. The committee agreed the best way forward would be aim to field some athletes into the Wednesday evening Grand Prix sessions, open in the Summer. CM will email the organiser to gain some more information about these fixtures.</p> <p><u>Physiotherapist:</u> - to be discussed at the next meeting</p>	<b>CM</b>
<b>4.</b>	<p><b>Charity fundraising</b></p> <p>VH and RC shared their ideas for supporting some local charities at our club races. They proposed a local homeless charity would be a worthy cause. The committee agreed. RC suggest 'Aquilla House' for the first charity to work with. The committee discussed how members could get involved by donating unwanted running clothing/shoes, along with tombolas and raffles at our club races. RC agreed to email the contact for the charity.</p>	<b>VH RC</b>

<p><b>5.</b></p>	<p><b>Produce Committee meeting governance standards</b></p> <p>RC raised the need for the agenda to be sent out to the committee in advance - then agreed this is already happening and is working well.</p>	<p><b>RC</b></p>
<p><b>6.</b></p>	<p><b>Any other business</b></p> <ul style="list-style-type: none"> <li>• Northern Athletics Affiliation - AE and JS shared the plans to affiliate with Northern Athletics after separate discussions with CM and VH. JS highlighted that the affiliation was not just for the athletes wanting to travel to the Northern Athletics Cross Country Championships, it will also benefit the club members who hope to run in various relays and track and field meetings. VH agreed to email Northern Athletics to organise affiliation.</li> <li>• AE asked for the discussion of the Children's fell race to be discussed at the next meeting. Committee agreed.</li> <li>• CM arranged for the next meeting to be on Thursday 28th February.</li> </ul> <p><b><u>No further business was raised and the meeting was closed.</u></b></p> <p><b>Items proposed for future discussion since meeting:</b></p> <ul style="list-style-type: none"> <li>• Blyth 10k on Grand Prix</li> </ul>	<p><b>JS</b> <b>AE</b> <b>CM</b> <b>VH</b></p>